

## HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

### Senior Men

#### 60 Metres

		(b)		
	CBP Adam Daish	E&H	2008	7.08
1	1 Connor Archer	StA	7.18	
2	5 Cameron Webb	SNH	7.31	
3	3 Brendon Kawondera	HPx	7.45	

#### 200 Metres

		(a)		
	CBP Antonio Infantino	SBH	2011	22.04
1	5 Cameron Webb	SNH	23.28	
2	82 Jonathan Rendell	D&T	23.79	

#### 400 Metres

		(b)		
	CBP Glyn Hawkes	Card	2011	49.1
1	105 Matthew Hamilton	HPx	50.27	
2	59 Patrick Barrett	HPx	51.98	
3	82 Jonathan Rendell	D&T	53.86	

#### 800 Metres

		(a)		
	CBP Sam Poulton	SNH	2009	1:57.15
1	118 Samuel Poulton	SNH	2.02.41	
2	119 Zak Saucedo	E&H	2.06.53	
3	117 Alex Cloona	HPx	2.08.63	

#### 1,500 Metres

		(b)		
	CBP Daniel Poulton	SNH	2008	4:12.78
1	117 Alex Cloona	HPx	4.24.72	
2	135 Adam Frith	E&H	4.32.50	

#### 60 Metres Hurdles

		(a)		
	CBP Zak Saucedo	E&H	2009	8.48
1	59 Patrick Barrett	HPx	8.86	

#### 1k Walk

		(a)		
	CBP New event			
<b>1</b>	<b>141 Arthur Thomson</b>	<b>E&amp;H</b>	<b>05:33.0</b>	<b>CBP</b>

## HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

### Senior Women

#### 200 Metres

		(a)		
	CBP Lucy Spray	Bed	2012	26.84
1	<b>92 Phillipa Lowe</b>	<b>D&amp;T</b>	<b>25.9</b>	<b>man CBP</b>

#### 400 Metres

		(b)		
	CBP Christina Silva	HPx	2008	58.56
1	<b>111 Deborah Willis</b>	<b>HPx</b>	<b>56.75</b>	<b>CBP</b>
2	92 Phillipa Lowe	D&T	56.85	
3	110 Claire Ward	SNH	63.14	

#### 800 Metres

		(a)		
	CBP Jasmine Forde	SNH	2008	2:22.49
1	128 Rhiannon Griffin	FVS	2.35.44	

#### 60 Metres Hurdles

		(a)		
	CBP Christina Silva	HPx	2012	9.54
	70 Anne Rees	SNH	DQ	



# HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

## Under 20 Men

### 60 Metres

		(b)		
CBP	Antonio Infantino	SBH	2010	7.11
1	7 Luis Da Silva	StA	7.16	
2	6 Eliot Copperwhite	D&T	7.20	
3	10 Luke Yaxley	StA	7.25	

### 200 Metres

		(a)		
CBP	Antonio Infantino	SBH	2010	22.60

#### Heat 1

1	6 Eliot Copperwhite	D&T	23.26	Q
2	85 Daniel Williams	SNH	24.67	q
3	84 Michael Sharp	HPX	24.89	q

#### Heat 2

1	7 Luis Da Silva	StA	23.44	Q
2	86 George Yerbury	WAT	23.94	q
3	83 Adam Hodge	HPx	25.67	

#### Final

<b>1</b>	<b>7 Luis Da Silva</b>	<b>StA</b>	<b>22.53</b>	<b>CBP</b>
2	6 Eliot Copperwhite	D&T	22.78	
3	86 George Yerbury	WAT	23.83	
4	85 Daniel Williams	SNH	24.96	
	84 Michael Sharp	HPX		DNS

### 400 Metres

		(b)		
CBP	Michael Edwards	E&H	2012	50.44
1	7 Luis Da Silva	StA	54.38	
2	106 Christian Gaddes	StA	54.41	

### 800 Metres

		(a)		
CBP	Benjamin Parry	HPx	2011	1:57.89
1	121 James Sothcott	SBH	2:01.43	

### 1,500 Metres

		(b)		
CBP	Khalid Al-Abaidy	SBH	2011	4:09.81
1	120 Kyle Langford	SBH	4:05.52	

### 60 Metres Hurdles

		(a)		
CBP	Zak Saucedo	E&H	2008	8.40
1	60 Cameron McKie	StA	8.93	

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013									
<b>Under 20 Men</b>									
<b>High Jump</b>			(a)						
	CBP	Jason Hamilton	D&T	2010	2.03				
						1.80	1.85	1.90	
1	142	Tim Buckle	SBH	1.85		o	xxo	x	retd
<b>Long Jump</b>									
			(a)						
	CBP	Ian Simson	D&T	2007	6.41				
1	9	Luke Parker	SNH	6.11		6.11	5.84	5.97	5.69
2	83	Adam Hodge	HPX	5.34		nj	5.34	5.16	4.90
3	84	Michael Sharp	HPx	5.14		nj	5.14	-	-
<b>Shot</b>									
			(a)						
	CBP	Ashley Ralph	StA	2008	13.77				
1	166	Michael Pope	StA	8.25	<b>F40</b>	8.16	8.04	8.09	8.25

## HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

### Under 20 Women

#### 60 Metres

(b)

CBP	Frances Slater	HPx	2011	7.83
1	28 Laura Clark	D&T	8.00	
2	31 Alicia Tymon-McEwan	StA	8.09	

#### 200 Metres

(a)

CBP	Laura Wake	HPx	2009	25.10
1	97 Charlotte Wingfield	E&H	26.20	
2	94 Martina Barber	SNH	29.40	
3	31 Alicia Tymon-McEwan	StA	DQ	

#### 400 Metres

(b)

CBP	Laura Wake	HPx	2008	58.51
1	95 Melanie Grigg	HPx	61.30	

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013											
<b>Under 20 Women</b>											
<b>High Jump</b>											
	CBP	Moe Sasegbon	SNH	2010	1.75						
					<b>Details</b>	1.15	1.25	1.30	1.56	1.59	1.62
1	146	Kate Jones	SBH	1.59					xxo	o	xxx
2	94	Martina Barber	SNH	1.25		o	o	xxx			
<b>Long Jump</b>											
	CBP	Anne Rees	SNH	2011	5.16						
1	160	Yasmin Lakin	SBH	5.15		5.15	nj	5.07	5.12		
<b>Triple Jump</b>											
	CBP	Abi Holman	Harr	2011	11.21						
1	160	<b>Yasmin Lakin</b>	<b>SBH</b>	<b>11.42</b>	<b>CBP</b>	11.32	11.33	11.42	11.28		
<b>Shot</b>											
	CBP	Charlotte Rose	E&H	2008	10.81						
1	94	Martina Barber	SNH	7.48		7.11	7.48	7.18	6.67		
2	168	Laura Feely	SNH	5.15		5.15	nt	4.31	5.14		

# HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

## Under 17 Men

### 60 Metres

(b)

CBP	Antonio Infantino	E&H	2007	7.04
1	15 Timothy Fasipe	E&H	7.30	
2	16 Junior Klutse	SNH	7.59	
3	12 Bradley Bullen	HPx	7.67	
4	39 Susantha K Arachchi	StA	7.84	
5	17 Diovanna Matos	StA	8.01	
6	13 Ayomide Byron	StA	8.48	
7	18 Tom Young	StA	8.52	

### Disability

T20	1 Ben Barber	SNH	9.23	
T37	1 Joshua Scarborough	SNH	9.39	

### 200 Metres

(a)

CBP	Antonio Infantino	E&H	2007	22.55
1	90 Kim Sobotie	SNH	22.98	
2	87 D'Wayne Khumalo	HPx	23.74	
3	61 Oliver Boorn	HPx	24.87	
4	89 Ben Moses	HPx	24.93	
5	18 Tom Young	StA	27.94	

### 400 Metres

(b)

CBP	Nathan Wake	HPx	2007	51.36
1	90 Kim Sobotie	SNH	51.89	
2	61 Oliver Boorn	HPx	56.79	

### 800 Metres

(a)

CBP	Liam Dee	HPx	2012	1:58.74
1	123 Samuel Jones	StA	2.03.95	
2	124 Corey Keane	WAT	2.09.83	
3	122 Josh Clifford	SBH	2.10.74	
4	107 Mark Cunningham	BAR	2.19.62	
5	125 Joshua West	Chauncy Sch	2.26.91	

### 1,500 Metres

(b)

CBP	Edward Shepherd	HPx	2010	4:11.58
1	136 Jack Gladman	SNH	5.17.99	

### 60 Metres Hurdles

(a)

CBP	Luke Yaxley	StA	2011	8.69
1	<b>62 Matthew Hall</b>	<b>WAT</b>	<b>8.59 CBP</b>	
2	63 Max Schöpp	SNH	8.74	
3	61 Oliver Boorn	HPx	9.17	
4	64 James Weller	D&T	9.34	



HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013																	
<b>Under 17 Men</b>																	
<b>High Jump</b>																	
	CBP	Jason Hamilton	D&T	2007	1.93	<b>Details</b>											
						1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85			
1	144	Matthew Lally	WAT		1.80						XO	O	O	XXX			
2	143	Nathan Gardner	SNH		1.65			O	O	XXX							
3	17	Diovanne Matos	StA		1.60	O	O	O	XXO	XXX							
4	39	Susantha K Arachchi	StA		1.55	O	O	O	XXX								
<b>Pole Vault</b>																	
<b>(b)</b>																	
	CBP	Daniel Gardner	SNH	2010	4.20	<b>Details</b>											
						2.50	2.70	2.85	2.95	3.05	3.15	3.45	3.55	3.65	3.75	3.85	3.95
1	64	James Weller	D&T		3.85						XXO	XO	O	XXO	XO	XXX	
2	143	Nathan Gardner	SNH		3.75						O	O	XO	XXO	XXX		
3	63	Max Schöpp	SNH		3.05	O	O	O	O	XXO	XXX						
4	153	David Spicer	SNH		2.70		XXO	XXX									
<b>Long Jump</b>																	
<b>(a)</b>																	
	CBP	Courtney Hart	D&T	2010	6.32												
1	63	Max Schöpp	SNH		5.63	5.42	5.63	5.40	5.35								
2	64	James Weller	D&T		5.46	5.37	5.33	5.31	5.46								
3	89	Ben Moses	HPx		4.87	4.87	4.78	4.82	4.69								
4	18	Tom Young	StA		4.17	4.04	3.83	4.17	4.09								
<b>Disability</b>																	
<b>F20</b>																	
1		Ben Barber	SNH		3.50	3.50	3.32	3.41	3.41								
<b>Triple Jump</b>																	
<b>(b)</b>																	
	CBP	Bradley Pike	D&T	2010	13.04												
1	16	Junior Klutse	SNH		10.53	10.53	10.32	nj	9.94								
2	13	Ayomide Byron	StA		10.07	nj	nj	10.07	9.95								

# HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

## Under 17 Women

### 60 Metres

(b)

CBP Charlotte Wingfield E&H 2010 7.79

#### Heat 1

1	40	Chloe McCarthy	StA	7.88	Q
2	38	Page Fairclough	SNH	8.31	Q
3	36	Sarah Cross	Chil	8.46	q
4	33	Ellie Bandy	HPx	8.47	q
5	41	Meghan Porter	SNH	9.08	

#### Heat 2

1	43	Hannah Williams	HPx	8.02	Q
2	42	Holly Seglah	StA	8.35	Q
3	34	Catherine Brooks	StA	8.65	
4	35	Meghan Carolan	SNH	8.84	
5	37	Melissa Doran	SNH	9.11	

#### Final

1	40	Chloe McCarthy	StA	7.90	
2	43	Hannah Williams	HPx	7.98	
3	42	Holly Seglah	StA	8.20	
4	38	Page Fairclough	SNH	8.35	
5	36	Sarah Cross	Chil	8.49	
6	33	Ellie Bandy	HPx	8.61	

#### Disability

T38	1	Natalie Williams	SNH	10.98	
T35	1	Maria Verdeille	SNH	11.94	

### 200 Metres

(a)

CBP Laura Wake HPx 2007 25.75

#### Heat 1

1	40	Chloe McCarthy	StA	25.56	Q CBP
2	43	Hannah Williams	HPx	25.92	q
3	33	Ellie Bandy	HPx	27.36	
4	41	Meghan Porter	SNH	30.06	
	73	Sally Cowler	HPx	dns	

#### Heat 2

1	42	Holly Seglah	StA	26.73	Q
2	100	Daizy Lee	HPx	26.94	q
3	98	Megan Breen	HPx	29.04	
4	35	Meghan Carolan	SNH	29.32	
5	36	Sarah Cross	Chil	29.67	

#### Final

1	40	Chloe McCarthy	StA	25.39	CBP
2	43	Hannah Williams	HPx	25.84	
3	42	Holly Seglah	StA	26.61	
4	100	Daizy Lee	HPx	26.76	
5	33	Ellie Bandy	HPx	27.82	

<b>400 Metres</b>		(b)		
CBP	Deborah Willis	HPx	2008	60.68
<b>Heat 1</b>				
1	116 Tara Procter	HPx	64.42	Q
2	113 Elena Cervi	SNH	64.93	Q
3	115 Amber Meakins	HPx	65.29	q
4	98 Megan Breen	HPx	65.77	q
<b>Heat 2</b>				
1	100 Daizy Lee	HPx	61.33	Q
2	114 Emma Clarke	StA	62.46	Q
3	112 Megan Bishop	HPx	73.11	
<b>Final</b>				
1	<b>100 Daizy Lee</b>	<b>HPx</b>	<b>60.68</b>	<b>eq CBP</b>
2	116 Tara Procter	HPx	63.89	
3	115 Amber Meakins	HPx	65.18	
4	113 Elena Cervi	SNH	66.58	
5	98 Megan Breen	HPx	69.41	
	114 Emma Clarke	StA	dns	
<b>800 Metres</b>		(a)		
CBP	Catherine Mackintosh	StA	2010	2:27.67
1	37 Melissa Doran	SNH	2.32.24	
2	129 Laura Edwards	StA	2.35.98	
3	130 Sarah Feely	SNH	2.43.14	
<b>1,500 Metres</b>		(b)		
CBP	Laura Farrar	StA	2010	4:58.75
1	139 Chloe Dearman	WAT	5.33.35	
<b>60 Metres Hurdles</b>		(a)		
CBP	Alicia Tymon-McEwan	StA	2012	8.80
1	74 Hannah Dark	StA	9.43	
2	73 Sally Cowler	HPx	9.49	
3	75 Jenna Hoyte	HPx	9.59	
4	77 Laura Nofer	StA	9.73	
5	78 Rebecca Pickard	SNH	10.49	
6	72 Emma Chambers	HPx	10.57	
7	35 Meghan Carolan	SNH	11.92	

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013													
<b>Under 17 Women</b>													
<b>High Jump</b>													
	CBP	Alice Rackham	SNH	2010	1.60								
					<b>Details</b>	1.35	1.40	1.45	1.50	1.55	1.60	1.63	1.66
1	75	Jenna Hoyte	HPx	1.63	CBP			o	o	o	xo	o	xxx
2	78	Rebecca Pickard	SNH	1.35		o	xxx						
<b>Pole Vault</b>													
	CBP	Anne Rees	SNH	2009	3.00								
1	147	Martha Huggins	SNH	nhr									
<b>Long Jump</b>													
	CBP	Katie Caulfield	HPx	2008	5.52								
1	42	Holly Seglah	StA	4.74		4.74	nj	-	4.52				
2	34	Catherine Brooks	StA	4.71		4.71	4.54	-	4.46				
3	73	Sally Cowler	HPx	4.65		4.65	4.61	4.12	4.56				
4	161	Olive Curran	BAR	4.52		4.38	4.38	4.34	4.52				
5	78	Rebecca Pickard	SNH	4.39		3.92	4.39	4.36	4.31				
6	162	Chloe Rixon	SBH	3.03		nj	3.03	nj	nj				
<b>Disability</b>													
		F38											
1	44	Natalie Williams	SNH	2.41		2.41	2.34	2.40	2.37				
<b>Triple Jump</b>													
	CBP	Yasmin Lakin	WAT	2012	11.14								
1	34	Catherine Brooks	StA	9.83		9.54	9.73	9.55	9.83				
2	161	Olive Curran	BAR	9.63		9.63	9.49	9.52	9.62				
3	37	Melissa Doran	SNH	8.85		8.62	8.80	8.85	8.58				
<b>Shot</b>													
	CBP	Charlotte Rose	E&H	2007	10.17								
1	169	Sophie Macken	StA	7.87		7.26	7.63	7.87	7.85				

## HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

### Under 15 Boys

#### 60 Metres

(b)

CBP	Michael Forde	E&H	2012	7.35
1	25 Chenna Okoh	D&T	7.64	
2	23 Joshua Moses	HPx	7.89	
3	20 Ben Collins	D&T	8.00	
4	22 Fraser Leigh	SNH	8.04	
5	24 Aigbokhai Ojehomon	StA	8.17	
6	26 Michael Stocker	SNH	8.80	
Disability	T37			
1	27 Joe Fundrey	SNH	13.71	

#### 200 Metres

(a)

CBP	Kim Sobotie	SNH	2011	24.2
1	25 Chenna Okoh	D&T	24.67	
2	20 Ben Collins	D&T	26.19	
3	24 Aigbokhai Ojehomon	StA	26.24	
4	91 Lewis Brooks	HPx	28.17	

#### 300 Metres

(b)

CBP	New event			
1	<b>104 Zed Loaker</b>	<b>SNH</b>	<b>41.49</b>	<b>inaugCBP</b>
2	91 Lewis Brooks	HPx	43.70	

#### 800 Metres

(a)

CBP	Liam Dee	HPx	2010	2:05.34
1	127 Adam Shiret	SBH	2.22.52	
2	103 Ricardo James	StA	2.33.72	
3	126 Rufus Kent	BAR	2.35.37	

#### 60 Metres Hurdles

(a)

CBP	Max Schopp	SNH	2011	9.02
1	<b>67 Max Price</b>	<b>SNH</b>	<b>8.46</b>	<b>CBP</b>
2	65 Robert Green	HPx	9.32	
3	66 Alex Harrison	HPx	9.34	
4	68 Mathew Spicer	SNH	11.90	



# HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013

## Under 15 Girls

### 60 Metres

(b)

CBP Jodie Williams HPx 2008 7.77

### Heat 1

1	57 Emily Wood	StA	8.18	Q
2	48 Megan Fielding	HPx	8.80	Q
3	56 Laurette Wenborn	D&T	9.01	q
4	58 Alicia Paternott	WAT	9.13	

### Heat 2

1	47 Charlotte Dowsell	StA	8.21	Q
2	49 Bethany Harley	SNH	8.40	Q
3	52 Nicole Parcell	HPX	8.77	q
4	45 Lisa Barber	SNH	9.66	

### Final

1	57 Emily Wood	StA	8.1	manual times
2	47 Charlotte Dowsell	StA	8.2	
3	49 Bethany Harley	SNH	8.4	
4	48 Megan Fielding	HPx	8.8	
5	56 Laurette Wenborn	D&T	8.8	
6	52 Nicole Parcell	HPX	8.9	

### 200 Metres

(a)

CBP Charlotte Wingfield BAR 2009 26.07

1	57 Emily Wood	StA	26.38	
2	47 Charlotte Dowsell	StA	27.52	
3	48 Megan Fielding	HPx	29.14	
4	101 Abbey Clark	StA	32.11	
5	49 Bethany Harley	SNH	32.67	

### 300 Metres

(b)

CBP New event

<b>1</b>	<b>102 Imogen Walker</b>	<b>HPx</b>	<b>47.9</b>	
2	101 Abbey Clark	StA	53.7	

### 800 Metres

(a)

CBP Kiera Mooney CONAC 2009 2:20.16

1	133 Emily Hack	StA	2.30.76	
2	134 Jessica Hurley	SBH	2.32.51	
3	132 Jessica Edwards	StA	2.41.17	
4	101 Abbey Clark	StA	2.48.07	
5	131 Erin Breen	HPx	2.48.48	
6	45 Lisa Barber	SNH	3.02.91	

### 60 Metres Hurdles

(a)

CBP Natalie Allen HPx 2010 9.20

1	80 Alice Semark	HPx	9.83	
2	79 Rebecca Beddall	SNH	9.89	
3	55 Ashleigh Spiliopoulou	StA	10.00	
4	58 Alicia Paternott	WAT	10.32	

HERTFORDSHIRE INDOOR CHAMPIONSHIPS - LEE VALLEY - 16/17 MARCH 2013															
<b>Under 15 Girls</b>															
<b>High Jump</b>															
	CBP	Katie Caulfield	HPx	2007	1.60										
					<b>Details</b>	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55		
1	148	Amara Francis	Harr		1.50					o	o	o	xxx		
2	150	Jessica Robinson	WSEH		1.50					o	o	xo	xxx		
3eq	49	Bethany Harley	SNH		1.45		o	o	o	o	o	xxx			
3eq	133	Emily Hack	StA		1.45					o	o	xxx			
5	151	Emily Westcott	StA		1.45					o	xo	xxx			
6	56	Laurette Wenborn	D&T		1.40		o	o	o	xo	xxx				
7	79	Rebecca Beddall	SNH		1.35		o	o	o	o	xxx				
<b>Pole Vault</b>															
	CBP	Martha Huggins	SNH	2012	2.30										
					<b>Details</b>	1.90	2.05	2.15	2.25	2.35	2.45	2.55	2.65	2.75	2.80
1	<b>150</b>	<b>Jessica Robinson</b>	<b>WSEH</b>		<b>2.75</b>	<b>CBP</b>		o	o	o	o	o	xxo	xxo	xxx
2	131	Erin Breen	HPx		2.45		o	o	o	xo	xo	xxx			
3	79	Rebecca Beddall	SNH		2.25		o	xo	xo	xo	xxx				
<b>Long Jump</b>															
	CBP	Jodie Williams	HPx	2008	5.03										
1	48	Megan Fielding	HPx		4.28		4.07	4.14	4.28	4.22					
2	56	Laurette Wenborn	D&T		4.02		3.68	3.76	4.02	3.78					
3	163	Alisha Levy	SNH		3.91		3.46	3.86	3.91	3.91					
4	45	Lisa Barber	SNH		3.46		3.46	3.22	3.33	nj					
<b>Shot</b>															
	CBP	Natashia Hadley	HPx	2010	9.74										
<b>1</b>	<b>52</b>	<b>Nicole Parcell</b>	<b>HPX</b>		<b>10.71</b>	<b>CBP</b>	9.27	8.92	10.71	9.64					
2	163	Alisha Levy	SNH		9.16		9.16	8.37	8.36	8.12					
3	150	Jessica Robinson	WSEH		8.39		8.39	7.54	7.84	8.31					
4	148	Amara Francis	Harr		7.85		7.85	7.58	7.30	7.04					
5	133	Emily Hack	StA		7.08		6.56	6.86	6.56	7.08					